



Sunday Teaching Discussion Guide: FIVE DIRECTIONS 01.13.2019

Recap:

- We are commanded to love God. Loving God results in loving what God loves. We should join with others as we bring God's love to those around us.
- Becoming a Christian isn't just about getting to know God. Becoming a Christian is about getting to know yourself. To learn how to love God and love others, you first have to learn how to love who God created you to be.
- We should ask questions about ourselves, such as how do you perceive the world, what feelings are invoked as a result of what you perceive, and how do you present yourself to the world?
- We need to learn what drives our passions, our fears, and our behaviors. We need to learn to look introspectively at ourselves so we can better understand ourselves, and learn to understand the people around us.

Discuss:

1. If you could ask Jesus a question that you think would help guide the direction of your life or how you live your life, what would it be?
2. READ Matthew 22:34-39
3. Why do you think a command such as "Love God" and "Love your neighbor as yourself" can be so difficult?
4. Why do you think it is important to love yourself before you can love others?
5. Do you think that people have an inherent nature, something deep down inside that doesn't change?
6. How would you explain why it's important for Christians to understand who they are?
7. If you took the Enneagram assessment, which type were you? Do you think this type fits you?
8. What other personality type assessments have you taken? What were your results?
9. What are some limitations to personality type assessments? How do you think a person should approach results?

Pray: Invite members of your group to share prayer requests. Give a short prayer thanking God for your group discussion and asking God to be with the requests that have been shared.

Read at Home: Additional Readings about Personality

- Psalm 139
- Romans 12:1-8
- 1 Corinthians 12